MESSAGE FROM THE PRINCIPAL

Dear Parents, Guardians and Friends,

We have celebrated Book Week, Science Week, Literacy Week and Numeracy Week so it has been a very busy time here at Gilmore.

Tim Watts Office Opening
The Federal Member for Footscray Tim Watts has opened his office very close to the college. Our college Captains, Ms Voidis and myself attended the official opening. It was terrific to see a talented group of Footscray Primary Grade 6 students provide the official speech for the day to open the new office. The students are a real credit to their parents and the primary school and provided a strong indication of the strength of opinion and confidence of the young of the future.

Year 10 All Government Girls School Conference.
I was delighted to work with a terrific group of girls from each government girls school to organise the Year 10 Conference. The 2014 Conference was hosted at Gilmore College for Girls and we lead off with Moira Kelly AO as our keynote speaker. What an insightful journey Moira Kelly has had, it was a privilege to listen to her and see the fantastic support she has provided to children.

We had workshops with a Dietitian, World Vision and Yoga then finished with a session on Positive Psychology.

Brothers 3 visit
There was certainly an air of excitement when the Brothers 3 from Channel 7’s X Factor paid a surprise visit last week. The boys played the two songs that they performed on the show then it was photos all around. Some girls thought that was the best thing that has ever happened at Gilmore!

Parent Teacher Interviews
Parent teacher interviews are scheduled for the 11 September. Please save the afternoon or reschedule work commitments so that you can discuss your daughter’s progress with her teachers. Instruction on how to make appointments will be sent home soon.

EMA 2015
Parents are advised that there will be no EMA in 2015 for parents or schools. It is recommended that families start saving or planning to meet the costs of your daughter’s education.

Bette Prange
Principal

EDUCATION QUOTE  “Put your heart mind and soul into even your smallest acts. There is the secret of success.”
Swami Sivananda
JUNIOR SCHOOL NEWS

The last week has been an extremely busy one for both staff and students in Junior School. Teachers have been busy writing interim reports in preparation for the parent/teacher interviews on Thursday the 11th of September. As a result students have been working to complete their work to ensure a positive outcome on report night. It is important that parents of Junior School students make appointments to see their daughter’s teachers. Student achievement is dependent on a partnership between parents, teachers and students and it is important that parents are fully informed regarding their daughter’s progress at school.

Student reports will not be mailed home. To book an interview with your daughter’s teachers, go to http://www.schoolinterviews.com.au/ and enter the code L9R2S.

With the warmer weather upon us – a reminder that students are expected to wear their winter uniform until the end of the term. Students are expected to be in summer uniform at the start of term four.

Ian Reilly- Junior School Leader

SENIOR SCHOOL NEWS

Three weeks until the end of Term 3 and the days are flying by. Just when I think it can’t get any busier for the senior students it just does.

Year 12 students are now only a few weeks away from finishing their academic year, before the external exams commence. It is critical that they attend every day and do not miss classes, as we begin our preparation for the exam period. In MIPS we are still completing the VTAC process and all students should have this finished before the end of this term including payment. There will be some holiday classes and a timetable will be issued shortly. First week of Term 4 is the time for compulsory practice exams. I have distributed the timetable this week and it is essential that students begin their revision to prepare for these exams as a prelude to the final ones in November.

Congratulations are in order for some of our students in the senior school:

• Fatma Kassem and Lula Bezebah for being successful in gaining a DHS student scholarship for next year
• The eight Year 11 students who attended the second session of the Focus Leadership Program at PwC - Popo, Tenzing, Tracey, Ming Xi, Taylah, Emily Say, Ikram, Fatma Kassem and were great ambassadors for the College
• The ten Year 10 students who participated in the Girls’ State School Conference last Friday 29th August hosted at Gilmore College for Girls – Shona, Anna, Jasmine, Sarah, Faiso, Lucy, Linh, Christine, Praphasari and Thanh - also great ambassadors for the College
• The senior SRC and helpers for their leadership and organisation of the Pizza Fundraiser on Wednesday 27th August

We were also lucky enough to have some of our senior girls be invited to the first of a series of Governor General lectures to be held on the 9th September and Tim Watts the Federal Member for Gellibrand visited the College last Friday to meet the students attending and have a photo for media releases.

Julia Truong a former student of the College and now running her own successful production and events management company came to speak to our Year 12 students on Monday 18th August. She talked about her VCE journey and the importance of taking advantage of all opportunities that are offered to our students. She certainly was an inspiration and role model and kindly offered her services as a mentor to help our Year 12 students during the next few weeks of intense study and exam stress.

Finally a reminder that it is important for parents/guardians to make appointments and attend the Parent/Teacher Interviews next Thursday 11th September from 2:00p.m. onwards. It is an opportunity to review your daughter’s progress and identify areas for improvement as Term 4 is fast approaching.

I am happy to meet with parents/guardians to discuss your daughter’s progress or any other concerns. Please email me voidis.helen.h@edumail.vic.gov.au for an appointment time.

Helen Voidis                  Senior School Leader

ATTENTION YEAR 12 STUDENTS AND PARENTS/GUARDIANS

Formal Money is now due and must be paid in full to the front office to enable the Year 12 Formal to take place on Thursday 18th September at Roselyn House in Essendon.
See you at the Royal Melbourne Show!

The Yarn bombing activity has finished and our cow and pig are off to the show grounds to get ready for the show.

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**Year 9 “Chemist for a Day” at Victorian University**

On the 13th and 15th August our students were privileged to attend an excellent event run by Victoria University at its Werribee campus. Getting there was easy, after a short walk from Hoppers Crossing Station following our train ride from Footscray.

Upon our arrival, Ray Horsley gave the students an important safety talk and introduced the range of practical tasks. These included separating chemicals by chromatograph, removing oil from seabird feathers, making electricity with metals and lemons, making an ester called ‘oil of wintergreen’, timing a ‘clock’ reaction and examining the flame colours of metal salts.

The girls donned laboratory coats and safety glasses and were thrilled to perform the tasks which lead to a lot of discussions and further experimentation. Ray captivated and inspired the girls with his explanations of the underlying chemistry and encouraged them to consider careers in science as there are many diverse, interesting and well paid careers in this field.

Thank you to class 9B for making the most of the day with your enthusiasm, effort and positive attitude.

**Mr. Walker (Science and Maths Teacher)**

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**Tall Poppies Presentations Year 9**

The Tall Poppy Campaign celebrates Australian intellectual and scientific excellence and encourages younger Australians to follow in the footsteps of outstanding achievers.

The winners of the 2014 Young Tall Poppy Science Awards (‘Tall Poppies’) presented their work to our students at Quantum Science Centre adjacent to La Trobe University on Friday 22nd August.

The fields of science presented included: photonics - the transfer of information using light, the chemistry of new materials for use in detecting metal fatigue in aircraft and for hydrogen storage in futuristic cars, developments in neuroscience to overcome brain injury and disease, and using stem cells with the dream of making new organs.

There was a humorous and engaging presentation on knots by Professor Norm. The theory of knots has applications in the unravelling of DNA strands in the cell. Norm began by drawing two parallel lines and...
bamboozled the girls with the question, “How twisted is my tangle?” (Answer below) With four student helpers he proceeded to tie up a teacher with ropes. The Mathematics that he presented revealed a quick solution to untangle her and it was a feat of great showmanship when the knots slipped away miraculously.

At the end of the day the students had the opportunity to ask questions to the panel of experts about their research, their educational pathways and working lives and came away inspired and well informed about science as a career.

(Answer to the question: not tangled at all or in Mathematics vernacular – zero!)

Mr. Walker (Science and Mathematics Teacher)

Book Week @ Gilmore

During Book Week (18-22 August) students at Gilmore were encourage to borrow the shortlisted books and discover the best Australian children books published in the past 12 months. Many students participated in Book Week activities such as the Daily Quizzes, Special Movie Screening and the Quiz Panel.

In Period 4 Tuesday 19th August, students in Year 7, 8 and a number of Grade 6 from Footscray Primary had the opportunity to enjoy a special play based on this year Honour Book in the Younger Reader category "My Life As An Alphabet" by Barry Jonsberg in the Learning Community Centre. The play adapted and performed by Tony Bones Entertainment incorporate original music, song, dance and puppetry. Judging by the audience reaction, the students and staffs in attendance had a great time.

Book Week would not have been as successful without the enthusiastic student participants and teacher's support. A special thank you to Ms Dobra and Mr Djazouli (pre-service teacher) who help organised Book Week activities this year.

HEALTH CHAT

Body Image Tips for Girls

Did you know that body image is how you FEEL about the way you look?

It’s actually NOT about what you look like.

We can change some things about the way we look but not everything. Your height, bone structure and muscle composition are determined by your genes - this is the way you were born. No two people were born to look the same way and it’s important to celebrate difference.

Trying to change your actual appearance can be hard and exhausting but you have the power to change the way you see, feel and think about your body.

Here are some tips on ways you can start to develop a more positive body image:

- Don’t compare the way you look to anyone else. This is being very unfair on yourself, especially if you compare yourself to airbrushed images of models, celebrities, and pop stars!
- Treat your body well. Eating nutritious foods, exercising MODERATELY and never going on dangerous diets will make you feel more alive and positive about yourself. You only get one body – treat it well!
- Don’t try to be someone else. You are beautiful just the way you are. Don’t put pressure on yourself to diet, dress or exercise your way into trying to look like someone else. You don’t need to change for anyone. If a certain girlfriend or group doesn’t like YOU for who YOU are – they are not worth hanging out with.
- Focus on the parts of yourself you like. Everyone likes some parts of their appearance. Try to focus on what you like and enhance it with clothes and accessories that bring out your personal style and confidence.
- Remember that people on TV and in magazines don’t really look like that. Photos of models, celebrities, pop stars, actors and sports stars who appear in the media are
airbrushed, photoshopped and digitally enhanced. They all look the same and it isn’t realistic.

Be kind to yourself... AND your friends! You probably treat your friends well so what would it be like if you treated yourself with the same respect? Be kind to yourself and notice the difference. Support your girlfriends by never bullying, teasing or putting anyone down. Be proud of who you are and celebrate the differences between you and your friends.

You are so much more than the way you look. Have fun with the way that you look but don’t let it rule your life. You don’t need an expensive dress and lots of make up to feel amazing. Putting energy into the things you are good at, things you love doing and people you love being around will make your life fun and meaningful!

If you feel down or worry about the way you look, Butterfly can help you. Call our Support Line on 1800 ED HOPE (1800 33 4673) or email us at support@thebutterflyfoundation.org.au

Michelle Hynson - School Health Promotion Nurse (Mon/Tues)

Weekly videos

Visit the Challenge web page to discover great picture books, and book recommendations for early and late primary students from Readings St Kilda children’s book buyer Angela Crocombe. Author and Challenge ambassador Kirsty Murray shares her love of reading and writing, and offers tips for choosing books. You can also find out where popular children’s author Andy Griffiths gets the ideas for his amazing books.

New videos will be posted each week of the school term. To watch these videos, see: Weekly Videos

Year 10-12 Next Step - Health Workshop

Date/time: 22 September 2014, 10:00am - 1:00pm
Location: The Alfred Hospital, Prahran, Melbourne

What will I do in this workshop?

Information for VCE students

Are you in year 10, 11 or 12 and considering a career in the health industry? Why not join us for a ‘Next step’ workshop.

Attending this half day information session will help you to demystify university life as you make the next step to a career in Health.

Whether you have made your decision about which career to pursue or you are still in the process of weighing up your options this program will assist you in many ways.

The Department of Health will be on hand to talk to you about projected work place shortages in the health industry as well as other things to consider when making your career decisions.

Come and hear current students and recent graduates speak about their university experiences and ask them questions in a relaxed setting.

Find out about the different support services that are available for all university students, learn about all the people and places on a campus that are there to help you and see the range of different resources available to make your journey through university exciting and rewarding, allowing you to perform at your best.

Life at university is not just about study. The ‘Next step’ workshop will also showcase the diversity of exciting clubs and societies you can get involved with while you undertake your course.

There will be so much advice and assistance in this half day workshop it’s one not to be missed.

This session is run at The Alfred Hospital - Commercial Road Prahran

Bookings are essential and places are limited

Expressions of interest due by Friday 5th September, 2014

Students can apply directly on the LEAP website at http://www.leap.vic.edu.au/leap-activities/health/events/205-year-10-12-next-step-health-workshop

Careers News

Health Industry

Students in VCE considering a career in the health industry? The ‘Next step’ workshop half day information session will help you to demystify university life as you make the next step to a career in Health.

Whether you have made your decision about which career to pursue or you are still in the process of weighing up your options this program will assist you in many ways. You will be introduced to the many career choices in the health sector by university staff with years of experience.

We can help you with self-motivation to do well in your VCE and achieve your potential in Year 12. You will gain experience in study skills and goal setting which will
help you through your final years of secondary school, many of the study tips you will be able to take through to your university study. Come and hear current students and recent graduates speak about their university experiences and ask them questions in a relaxed setting.

**Duration 3 – 4 hours**

**Venue:**
22 September 2014 – The Alfred Hospital, Prahran, Melbourne


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**Experience design study at the Victorian College of the Arts**

**Design Drawing Workshops – Years 10, 11 and 12**

The Victorian College of the Arts, School of Art are opening their doors for LEAP secondary students in years 10, 11 and 12 to spend a day with them, for an introductory drawing workshop during the next school holidays.

**Students can apply for this event. Applications close 15 September.**

If you’re a Year 10, 11 or 12 student and have decided design is the profession for you, or you’re thinking seriously about a career in art or design, this workshop is for you. It's an opportunity to get hands-on, explore and discuss design techniques, and understand what university study is about.

Held at the VCA in Melbourne, the workshop will be run on the 23 September and then repeated on 25 September.

Students will participate in a hands on drawing workshop under the guidance of VCA lecturers and will meet current students and staff with a tour of the facilities.

These are a great opportunity for student to be inspired by a vibrant community of artists, students and staff, committed to pursuing the highest of artistic aspirations.

Places are limited to 25 each day.

To find out more and how to apply follow the links on [http://www.leap.vic.edu.au/leap-activities/design](http://www.leap.vic.edu.au/leap-activities/design)

**Workshop dates:**

- 23 September workshop
- 25 September workshop

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**LSAP Workshop Program (Legal Studies and Australian Politics)**

If you're a Year 10, 11 or 12 student who has decided on a career in the legal profession, or are thinking seriously about it, the Next Step Law Workshop will help you to take that ‘next step’. LSAP (Legal Studies & Australian Politics) is an intensive program aimed at developing your confidence in all the different skills you need to succeed in the legal profession, including communication, teamwork and leadership.

LSAP brings you together to work in teams in a wide range of activities, including debating, mock trials and negotiations. You will be introduced to legal concepts and develop some of the tools legal professionals need to succeed.

Current university law students mentor the teams throughout the program.

**Duration:** 2 day workshop

**How to participate:** 1 October

**Max numbers:** 160

**Min numbers:** 50

**Venue:** University campus


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**Careers in Radiation Oncology**

FREE seminar Thursday 4 September

Time: 10.00 – 12.30 OR 12.30-3.00

Melbourne Convention Centre

Meeting room 101/102 Level 1

See Ms Prange to register

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**Training Opportunity for Parents**

Total Business Services and Training is an ASQA accredited Registered Training Organisation (RTO) based in the Docklands that specialises in offering Skills Victoria Government Funded Certificate IV Bookkeeping and Accounting courses, which include full MYOB accounting software training.

They offer a parent focused program, which is designed to develop professional skills so that adults are able to upskill in preparation to return to work or gain part time work that fits within their parenting commitments. Bookkeeping is a perfect profession for parents to enter, as it allows them to schedule their own work commitments around the complexities of life and family. The overwhelming majority of their current students are working mums and dads
developing their skills in preparation to return to the workforce.

If there is enough interest information session for parents can be arranged at Gilmore College for Girls, to advise them of the Skills Victoria Government Funded courses that are currently available to them and the training opportunities that TBST can offer.

The only course costs to enrolled students, is a small Skills Victoria mandated tuition fee and cost price for all course materials.


There is a very large range of skills training ranging from administration, clerical and professional bookkeeping and accounting skills, including complete MYOB training and BAS preparation training.

Skills obtained in our Certificate IV Bookkeeping and Accounting courses include:

- Creation of professional and formatted documents and spreadsheets for business use
- Implementation of professional and formatted business correspondence
- Creation of professional marketing materials
- Foundation accounting concepts and principals
- Legislative framework as it applies to business including tax and GST compliance
- BAS Agent Skill Set
- BAS preparation skills
- Understanding of Financial Reports and presentations to stakeholders
- Utilising accounting software to keep the businesses' accounting/banking records and intellectual property protected and up to date
- Comprehension of more complex business transactions and how these are accounted for in your business
- Business structures – their advantages and disadvantages
- Preparing, creating and incorporating budgetary requirements
- Understanding and incorporating job costing information

The Certificate IV Bookkeeping and Accounting courses provided by TBST are delivered via Flexible Distance Learning. Distance Learning is a very popular method of training as it allows students the flexibility to vary their study load to suit their available time. Students would need to spend approximately 8 to 10 hours per week reading, working through their course material and working on assessments. TBST students have one year to complete the Single Certificate IV Bookkeeping qualification or two years to complete the Dual Certificate IV Bookkeeping and Accounting qualification. They provide students with all of their course materials, workbooks, MYOB software, manuals, access to the TBST Learning Management System (LMS) and guide them through this material. Students have dedicated trainers who are current working Professional Bookkeepers, Accountants and MYOB Certified Consultants for student support and assistance.

Commencing students attend a school hours friendly induction session at the commencement of the course and help is available at any time. They also run classroom study days in the Docklands Training Room, where students will have access to computers, software and the Internet. These optional sessions provide a quiet study area with no distractions, to work on current course work and assessments. These classroom sessions are run twice a month and a TBST Trainer will be present to assist students with all course queries, skills development and assessments.

Please contact the Ms Mueller for further information.

VCAL for 2015 - Harvester Technical College

Harvester Technical College is conducting session for students interested in VCAL in 2015.

Information sessions 6.00 – college tour-6.30
Information sessions (1 hour)
Dates:
Thursday 11 September
Tuesday 14 October
Tuesday 18 November
76 Suffolk Rd, Sunshine North

For students in Years 10, 11 and 12 interested in a career in the legal profession:

LSAP (Legal Studies & Australian Politics) is an intensive program aimed at developing your confidence in all the different skills you need to succeed in the legal profession, including communication, teamwork and leadership. LSAP brings you together to work in teams in a wide range of activities, including debating, mock trials and negotiations. You will be introduced to legal concepts and develop some of the tools legal professionals need to succeed. Current university law students mentor the teams throughout the program. LSAP programs run year round in metropolitan and regional areas, and vary in the number of day's duration depending upon location.

Upcoming events

- **29 September 2014** – Victoria University (Melbourne) - two day workshop

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**Homework club** is an opportunity for all students across the college to complete quiet study and homework tasks before they leave for home. Students can seek assistance from volunteer tutors.

- Students are asked to sign in and out and are supervised by a co-ordinator during this time.
- Homework club is voluntary and all are welcome.

**When**: Tues and Thurs 3-6pm and Wed 3-5pm  
**Where**: In the school library

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**NEWPORT BASEBALL CLUB**

**Come & Try Baseball & T-Ball**

**Sunday 31st August** 10:00am to 11:30am  
**Sunday 7th September** 10:00am to 11:30am  
Newport Baseball Club—Park Cres, Williamstown North  
For more information call Corey 0438 014 487 or Paul 0400 515 168

**Followed by free sausage sizzle on both days**

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**Secondhand Desktops for sale**

We are selling the G7 and library computers. They are Acer Veriton S480 Core 2 Duo PCs, Specs below.

160 G Intel core duo 2.7 GHz 2 GB RAM 19” LCD monitor

They will come with Vista OS, antivirus software and open office.  
**Cost**: $80.00

Great desktop for home internet browsing and home work. See the Technicians if you would like one, they can be picked up from the IT department.

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**School Canteen**

Parents are reminded that the college has a school canteen that can provide recess snacks, lunch and hot chocolate before school.

If you do not wish to patronize the canteen then you must provide your daughter with lunch and snacks; other alternatives are not allowed.

Students are not permitted to order in food from other businesses. As a school we need to be vigilant about stranger danger and packages being passed over the fence may not be as it seems.

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**For Sale:**

Ikea Ektorp 5 seater corner lounge with washable cover. $450.00 - available for collection from Altona Meadows. Please contact Zoe 0478 929 571
RSVP by Monday 18th Feb

Jen Hoy, Assistant Principal
9689 4788 or hoy.jennifer.e@edumail.vic.gov.au