MESSAGE FROM THE PRINCIPAL

Dear Parents, Guardians and Friends,

welcome back to term 2 – I hope everyone is refreshed.

Staffing

This term we have a few changes to the staffing. We said farewell to Ms Goud who retired from the department of education after many years of service. She was a teacher at Gilmore College for Girls for 36 years and in any terms that is a lengthy service.

We welcome back Ms Goyne who has been on Long Service Leave and she will take up the teaching load.

Ms Eichler is on Long Service leave for term 2 and is being replaced by Ms Vogiatzakis and Ms Noonan.

New updated website and Facebook page

We have launched a new easy to use website and opened an official Gilmore College for Girls facebook page. It is great to see many of our former students linking into the facebook page and sharing their stories and reminiscing.

Accelerated Program

At Gilmore College for Girls an Accelerated Program will be offered for Year 7 in 2015. Testing for the program will be conducted this Friday 2nd May at 5.00 and on Saturday 3rd May at 10.00 am. If you have a daughter entering Year 7 in 2015 you may want to consider this program, contact the office to confirm a place.

New School Council

The first meeting of our new School Council was held on Monday 24 March. Ms Margaret Haggart, Sarah Coward, Ron Palmer and Gene Kassan were co-opted as community member representatives, and the office bearers were elected. Congratulations and welcome to Mr Robert Charls and Mr Dat Do who have joined the council as new parent representatives this year.

We are fortunate to have an excellent school council who give their time and expertise very generously to support our students, staff and the college community. We look forward to working with them again this year.

NAPLAN testing

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. The students in Years 7 and 9 will undertake the test during May.

Athletics carnival

The Athletics carnival is scheduled for Wednesday 7 May. This is a great whole school event and provides an opportunity for strong House competition. It is expected that all students attend and participate either in the events or the novelty races – we can all do the ‘egg and spoon’ race! Students are encouraged to dress in their House colours.

Victoria University Pre-service teachers

We have commenced the term with the assistance of the VU Pre-service teachers. They will be working with a mentor teacher and will commence their teaching practice. This is a very exciting time for them and we are lucky to have an increased number of support teachers in the classrooms. The two preservice teachers who attended the Year 11 camp were a terrific help, it provided a valuable learning exchange for the teachers.

Focus for Term 2

Students and parents are reminded that reports are written at the end of this term to indicate the progress each student is making in their learning.

Bette Prange

Principal

EDUCATION QUOTE  “Believe and act as if it were impossible to fail”  - Charles Kettering
JUNIOR SCHOOL NEWS

I hope all parents and students across the Junior School enjoyed the Easter first term break.

It is expected that during 2nd and 3rd terms students will wear winter uniform. It is important that students do not mix the summer and winter uniforms. With the colder mornings a number of students have been wearing jackets that are not part of the prescribed uniform. Similarly, several students have not been wearing the appropriate footwear to and from school. It is important that all students wear the proper uniform while at school and on the journey to and from school.

I was pleased with the number of parents and students who attended the Report Evening held on Thursday during the second last week of first term. If parents were unable to attend the evening but would like their daughter’s report they should either ring the school or send a note with their daughter. The report can either be posted home or given to the student.

In my discussions with students I constantly stress the need for students to ask questions. If a student is unsure about what they are doing in the classroom it is critical they ask their teacher. Questioning is a central platform for learning. Sometimes students feel embarrassed about asking questions. There is no need to feel that you are being judged if you ask for clarification to improve your understanding. Teachers want their students to ask questions, as questions are a reference point for learning.

Ian Reilly- Junior School Leader

SENIOR SCHOOL NEWS

Welcome back to Term 2 – another jam-packed term with athletics day, final SAC’s and assessment tasks, work experience for Year 10’s and mid-year exams.

Firstly it is time to bring out the winter uniform and pack the summer dresses away for a little while. Parents and students are reminded that there are two options – the long pants with the school jumper and shirt, or the skirt with the jumper, navy blue stockings/white socks. Both versions should be worn with black leather school shoes. On colder days students should wear appropriate undergarments to keep them warm, but there should be no visible variations to the uniform.

In the last week of Term 1 Year 11 students attended a very successful three-day camp at Bacchus Marsh. It was the first camp for many of our students and by all accounts they enjoyed it immensely. There was time for some study skills workshops, homework sessions and team building activities. The flying fox was a popular activity with many students conquering their fears and enjoying the ride. For others it was archery or the canoeing experiences that added to the enjoyment of the three days.

Attendance in Term 1 was excellent across the senior school. Students need to be at school on time each day, to continue to develop their skills and improve Term 1 results. Phone calls are made to parents when students are absent and medical certificates should be provided especially if a SAC has been missed in Year 11 or 12.

Danielle Diaz the Youth Worker from Westgate Community Initiatives Group in Footscray is currently working with a number of our senior students to ensure that they are on track with their academic studies, as well as exploring pathway options post secondary school. She is at school every Friday morning and meets with each student on an individual basis for half an hour. This is another initiative at Gilmore College to provide different forms of support and motivation for our students to succeed.

Finally parents/guardians who did not attend the parent/teacher interviews held at the end of last term can still make a time to speak to me and collect reports. Appointments can be made by telephone or by emailing me at voidis.helen.h@edumail.vic.gov.au

Helen Voidis                              Senior School Leader

Uniform
Winter uniform is worn during Term 2 and 3. With the cold weather coming it is important that the girls have the college jumper, the college jacket or the blazer. Other jackets are not permitted.

Farewell Ms Jan Goud and thank you.
We held a lovely afternoon tea to recognize the contribution Jan has made throughout her career to the Department of Education and Early Childhood Development and to thank her for her contribution to Gilmore College for Girls.

Jan Goud has worked for the education department for 38 years. While it seems that Jan has always been here at Footscray Girls/Gilmore Girls she actually began her career at Yarram High then moved to Benalla High School then went onto Ararat and Bendigo before coming here.

During her time at Footscray Girls High School/Gilmore College for Girls Jan held many positions of responsibility including Year Level Coordinator, Faculty Leader, Student Welfare Coordinator and Acting Assistant Principal.
Throughout her time here she was always a strong advocate for our girls and their families. For many years Jan taught VCE English and Politics, she became a VCE assessor so was able to share the knowledge she learnt in her training with her colleagues and provide benefit to our students. She achieved excellent results with her Year 12 VCE classes.

Many former staff joined in saying farewell to Jan and sharing stories about her time in teaching.

**Careers News**

**VCE AND CAREERS EXPO** - ‘The Age’ VCE and Careers Expo is Victoria’s largest education and careers fair. Universities, TAFEs, private providers, and many others will have representatives there. Get your questions answered, collect information, and be informed. When: 9am-3pm, Thurs 8 & Fri 9 May; 10am-4pm, Sat 10 & Sun 11 May; Where: Caulfield Racecourse; Cost: $10 (family concession); [www.vceandcareers.com.au](http://www.vceandcareers.com.au).

**VICTORIA UNIVERSITY**

**BACHELOR OF LAWS AT VICTORIA UNIVERSITY** – Taught in the former Births, Deaths and Marriages building, a small campus in Queens Street, Melbourne, VU’s approach to learning combines theory with practice. VU’s partnerships with the courts and community legal services give students a unique exposure to the real experiences of the justice system. These opportunities challenge students through practical experiences for a rewarding career in law that could range from working for government, the community or in private enterprise. Information: [www.vu.edu.au/courses/bachelor-of-laws-blaw](http://www.vu.edu.au/courses/bachelor-of-laws-blaw)

‘Focus On Melbourne’ Series

Over the next few weeks the University of Melbourne will be hosting a series of free ‘Focus on…’ Information Sessions aimed at informing prospective students about the courses on offer; hear from current students, academic staff and recent graduates about what it is like to study that degree or course at Melbourne, and the career and personal development opportunities available to graduates.

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<tr>
<th>Date</th>
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<tr>
<td>Thursday 15 May</td>
<td>Focus on Biomedicine</td>
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<td>Wednesday 21 May</td>
<td>Focus on Arts</td>
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<td>Tuesday 27 May</td>
<td>Focus on Commerce</td>
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<td>Wednesday 28 May</td>
<td>Focus on Environment</td>
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<td>Tuesday 3 June</td>
<td>Focus on Science</td>
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<td>Wednesday 4 June</td>
<td>Focus on Agriculture</td>
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<td>Tuesday 10 June</td>
<td>Focus on Law</td>
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<td>Focus on Engineering</td>
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<td>Wednesday 11 June</td>
<td>Focus on IT</td>
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<td>Wednesday 18 June</td>
<td>Focus on Melb. Conservatorium of Music</td>
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<tr>
<td>Wednesday 25 June</td>
<td>Focus on Victorian College of the Arts</td>
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All sessions will run from 6.30pm – 8.00pm, and registration is important.
To register for one or more of these sessions, visit http://futurestudents.unimelb.edu.au/explore/events/victoria_and_interstate/victoria/focus_on_melbo

Any interested girls should see Ms Mueller.

Ms Mueller Careers Adviser.

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Health Chat

Asthma, Coughs and Colds: Information for Parents and Carers

The common cold, caused by an upper respiratory tract infection, is one of the most common illnesses for children and adults in Australia. Colds are more common in winter months as people spend more time indoors, in close contact, and can be more likely to pass on viruses that cause the common cold.

Colds can be a trigger for asthma, and asthma management can become more difficult for children and teenagers attending school if they have a cough or a cold. Ensure your child reduces the risk of passing on coughs and colds by avoiding coughing or sneezing on, or near other people and that they wash their hands appropriately after blowing their nose or handling used tissues. Coughing or sneezing onto the inside of their elbow instead of their hands can also prevent the transmission of infections. If your child is unwell, it is recommended that they stay home and rest to reduce the chance of spreading infections and to give them a better chance to recover quickly.

While there is no known cure for the common cold, symptoms such as headache, cough and runny nose can be managed, and children with asthma are advised to see their doctor before using any medication, or herbal and natural remedies, as these may react with their asthma medications. Many cold and flu medications available over the counter are not suitable for children and teenagers, and some medications may also trigger asthma symptoms, it is best to avoid these unless recommended by your doctor.

If concerned or if cold symptoms become more severe, parents and carers are encouraged to consult their doctor as soon as possible for advice. Nasal sprays should not be shared between people as this may transmit infections and viruses.

It is also highly recommended that in the lead-up to winter, people with asthma or other breathing conditions ensure they get their influenza (flu shot) vaccination.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - www.betterhealth.vic.gov.au and the NPS website - www.nps.org.au.

Michelle Hynson - School Health Promotion Nurse (Mon/Tues)

Gilmore Healthy Community Co-op

For those of you who were not so fortunate to taste the muffins and biscuits at Parent Teacher last term you may wish to give them a try at home. The biscuits were published in the last newsletter (see website for a copy).

Rhubarb crumble cakes

Ingredients

- 2/3 cup plain flour,
- ½ cup lightly packed brown sugar
- Pinch of salt
- 100g butter
- 200g rhubarb, trimmed, cut into 3 cm lengths

CAKE

- 150g butter at room temperature
- ⅓ cup caster sugar
- 1 teaspoon vanilla extract
- 2 eggs
- 1½ cups plain flour
- 2 teaspoons baking powder
- Pinch of salt
- ½ cup milk

Step 1 - Preheat oven to moderate. Lightly grease 12 hole, 1/3 capacity muffin tray

Step 2 – To make crumble mixture place flour sugar, cinnamon and salt in a bowl and stir to combine. Rub butter through dry ingredients until mixture looks like breadcrumbs. Set aside. Toss rhubarb in extra flour and set aside.

Step 3 – CAKE. Beat butter, sugar and vanilla together in a large bowl until light and creamy. Add eggs one at a time and beat until well combined. Sift flour, baking powder and salt into bowl. Add milk and flour alternately in w batches until just combined. Bake for 20 minutes until golden, and a skewer inserted into the centre of one of the cakes comes out clean. Cool in pan for 5 minutes, then transfer to wire rack to cool completely. Serve.

Lilli Clancy – Gilmore Healthy Community Co-op
Homework club is an opportunity for all students across the college to complete quiet study and homework tasks before they leave for home. Students can seek assistance from volunteer tutors.

- Students are asked to sign in and out and are supervised by a co-ordinator during this time.
- Homework club is voluntary and all are welcome.

**When:** Tuesday and Thursday 3-6pm and Wednesday 3-5pm

**Where:** In the school library

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**Netbook Program**

A reminder to all students on the Netbook program that students are to bring their netbook to school every day fully charged. New students can access a netbook from the library until attendance at a parent meeting occurs.

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**Secondhand Desktops for sale**

We are selling the G7 and library computers.

They are Acer Veriton S480 Core 2 Duo PCs, Specs below.

160 G Intel core duo 2.7 GHz 2 GB RAM 19” LCD monitor

They will come with Vista OS, antivirus software and open office.

**Cost:** $120.

Great desktop for home internet browsing and home work. See the Technicians if you would like one, they can be picked up from the IT department.

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**Yoga Classes in Footscray**

I am a yoga teacher in Footscray and I would like to promote Yoga classes at YUM YOGA.

The benefits of yoga are well documented. Both parents and teachers give so much of themselves every day and it is important that they have something for themselves. Yoga is a perfect way to come and rest, relax, restore and introduce some exercise into their very busy lives.

It is proven to reduce stress, blood pressure and improve strength physically and strengthen the immune system.

I am passionate about making our classes accessible to as many people as possible and strive to keep the costs of our classes to a minimum of $120 for the 10 week course. Currently I am teaching at The Exercise Room - 88 Barkly Street Footscray (please note: Students do not need to be a gym member to participate in yoga) and there is both Beginner and General courses of 10 weeks which follow the school term. Classes for next term commencing 28 April.

Please feel free to view my website [www.yumyoga.com.au](http://www.yumyoga.com.au) for more details about me and the classes.

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**North Melbourne Community Centre**

There are a range of activities on offer at the community centre:

- **Tuesday** 4-6 Free Girls Rec 12-25 years
- **Wednesday** 3.45 – 5.15 Free Homework Club
- **Thursday** 4.30 – 5.30 Boys Soccer Clinic – 8-12 years
- **Friday** 10.00 – 10.45 am Ed Gym – 0-3 years
- 10.45 – 11.30 Ed Gym – 3-6 years
- 4-6.00 Free Basketball Clinic – 8-24 years

North Melbourne Community Centre
49-53 Buncle St, North Melbourne
Ph: 9320 4700

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**Can Saver Plus assist you with high school costs?**

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

**Contact Jasmine Duong, your local Saver Plus Worker:**
- (03) 9312 0932 / 0419 607 295
- or jasmine.duong@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered across Australia by the Smith Family.

The program is funded by ANZ and the Australian Government.
RSVP by Monday 18th Feb

Jen Hoy, Assistant Principal
9689 4788 or hoy.jennifer.e@edumail.vic.gov.au